



Noon News

The Weekly Newsletter of the Ripon Noon Kiwanis Club
P.O. Box 504 – Ripon, WI 54971 – www.riponnoonkiwanis.org
Weekly Meetings Tuesdays at Noon at Ripon College's Pickard Commons
Serving the Children of the World

Noon News Is Good News • July 12, 2011

Meetings

Our club meets in the Dahm Heritage Room at Pickard Commons on the Ripon College campus at noon on Tuesdays, unless otherwise noted.

Thursday, July 14, Board Meeting
Noon, Mihaly Room of Pickard Commons

Tuesday, July 19, Club Meeting
Ric Damm speaks about the new biking/hiking trail at Ripon College.

Tuesday, July 26, Club Meeting
Bruce Wolff of Brigade Air, a missionary from Mission Aviation Specialists

Tuesday, August 2, Club Meeting
Raymond Loth speaks on the Conductive Learning Center in Grand Rapids, MI (a camp for the handicapped).

Tuesday, August 9, Club Meeting
Program TBA

Thursday, August 11, Board Meeting
Noon, Mihaly Room of Pickard Commons

Tuesday, August 16, Club Meeting
Susan Reiterman speaks on nutrition for handicapped people.

Upcoming Events

Sunday, July 17
Aktion Club brat fry, 9:00 a.m.-3:00 p.m at Pick 'n Save

Friday, July 22, 4:30 p.m.
Vic Ferrari concert brat fry at the Village Green

Friday, July 22, & Saturday, July 23
Boy Scout Troop 735 brat fry in Brandon.

Saturday, July 30, 7:00 a.m.
FRMC Triathlon at Green Lake Conference Center

Saturday, Aug. 13, 7:30 p.m.
Doug Lyke 5K Twilight Run

Saturday, Sept. 10
Brat fry, 9:00 a.m.-3:00 p.m at Pick 'n Save

Tuesday, Sept. 20
Noon Kiwanis Installation Banquet

Saturday, Oct. 1
Brat fry, 9:00 a.m.-3:00 p.m at Pick 'n Save

Club Leadership

President
Paul Nulton

President-Elect
Richard Zimman

Vice-President
Mellisa Wipijewski

Secretary
Kristy Sadlon

Treasurer
Bob Meyer

Past President
Tonya Alling

Board of Directors
Barb Evensen (2011)
Linda Putzer (2011)
Steve Sorenson (2011)
Emily Dinegan (2012)
Tom Keuler (2012)
Ian Stepleton (2012)
Jenny Machkovich (2013)
Rich Scamehorn (2013)
Danelle Phillips (2013)

Newsletter
Norm Loomer, Editor
Tonya Alling, Asst. Editor

Committee Chairs

Fundraising
Richard Zimman

Youth Services
Sue Meyer

Sponsored Programs
Rick Bunge
Jack Christ
Kristy Sadlon
Tim Scottberg

Community Services
Herm Leitz

Young Child Priority One
Ian Stepleton

Club Meetings
Mellisa Wipijewski

Membership Growth and Education
Tonya Alling

This Week's Meeting

Attendance

16 real Nooners, zero fake Nooners, and eight guests.

Guests



Clay Salmela, the new pastor at Grace Lutheran Church, was back as the guest of **Herm Leitz**.



Sandy Scamehorn came with her hubby **Rich**.



Jeannette Kreston accompanied five young musicians from the Green Lake Festival Chamber Music Camp who entertained us with a musical program.

Five young people from the Green Lake Festival of Music Chamber Music Camp joined us for lunch and entertained us with their music. See the story below for information about them.

It's brat fry season!



We have not one, not two, but three opportunities to cook and serve brats during the next two weekends.

The Aktion Club is holding its annual brat fry Sunday at Pick 'n Save. Club adviser **Kristy Sadlon** has the morning covered but needs a griller and another helper from noon to 3.

Contact **Kristy** <ksadlon3606@charter.net> if you can help the Aktioneers with this money-raising event.

Then a week from Friday we have our own humongous brat fry at the Vic Ferrari concert on the Village Green. Brat Supervisor **Barb Evensen** needs seven Nooners to make this one of our biggest money-makers. Contact **Barb** <bevensen@prodigy.net> if you can help.

Scouts weren't prepared and need our help

That's right, due to a scheduling snafu, our local Boy Scout troop is holding its two-day brat fry during the very week that the Scouts and leaders are at camp. Boy Scout Troop 735, co-sponsored by Ripon Rotary and Noon Kiwanis, needs us to do a good turn so that their big fund-raiser can support the activities of the troop.

The event takes place in Brandon, across the street from Brandon Meats, Friday, July 22, from 8:30 a.m. to 7:00 p.m. and Saturday from 8:30 a.m. to 3:30 p.m. Rotarian **Peter Sensenbrenner** is the person to contact if you can help: 748-2340 or <psensenh@gmail.com>.

Mindfulness and eating experience study

There is a student at UW Oshkosh who is asking our help in a study of the eating habits of senior citizens—over 50 years old, by her definition. (Octogenarian **John Roesch** thinks that the student is setting the bar rather low for membership in what he thought was a more exclusive club.)

The student researchers will be here next Tuesday and two weeks later after our meeting and would like to interview up to six senior Noon Kiwanians. Contact **Paul Nulton** <pnulton@sbcglobal.net> if you are willing to participate.

Following is the researchers' description of the study:

Healthy eating behaviors are crucial for promoting optimal health and a high quality of life in older adults. However, dietary intake tends to be limited in older adults due to a decrease in enjoyment of previously eaten foods or difficulty actually eating some familiar and unfamiliar foods. The goal of our study is to examine the role of mindfulness in eating with adults above the age of 50. In the proposed study, participants will be randomly assigned to engage in mindful versus nonmindful eating and then will be asked to rate their expected liking of different foods. They will then be offered a variety of different foods to try and then will rate their actual enjoyment of the eaten foods. The results of this study could potentially have significant implications for promoting healthy eating behaviors in adults as well as enhancing their quality of life.

The University of Wisconsin Oshkosh Institutional Review Board has approved this study. The primary investigator is Dr. Phan Y. Hong. All contact information is provided on the consent form.

Board meeting Thursday

Our monthly Board meeting will take place at noon, Thursday, in the Mihaly Room of Pickard Commons. All officers and committee chairs are expected to attend. All club members are welcome.

Queen of Spades 50-50 raffle

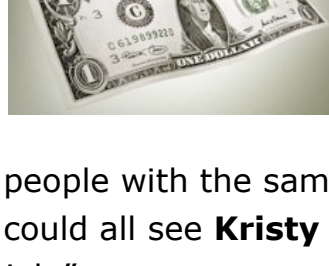


For the fourth time since May 10, **Tim Lubinsky** held the winning ticket, but for the first time he didn't pull a winning card out of the deck, picking the loser 2 of Spades.

The pot wasn't announced, but it has moved up past \$130, and the deck holds 36 cards, including the Queen of Spades and four other winners.



Happy Bucks!



Herm Leitz was happy because "PC" (**Clay Salmela**) was with him for the second time.

Helga Rikkors was "happy twice. Once because my father turned 94...and my newest daughter-in-law said 'I've never been in one house with so many people with the same last name.' And the other dollar is because I wish you could all see **Kristy (Sadlon)** lead the Aktion Club. I think she does a great job."

Mellisa Wipijewski was happy because she gets to go to Eagle River for a week.

Last Tuesday **Tim Lubinsky** discovered that the suit he planned to wear to his nephew's wedding last Saturday was tight and uncomfortable. He had bought it at Watson Streetwear a few years back, so he took it down to **Nancy Himebaugh** and told her he was leaving Friday. He got a call Wednesday that the pants were done, and he was comfortable all day Saturday. He gave another buck because his cousin's son, **Austin Lubinsky**, who pitched for the Minnesota Gophers, had signed a contract with the San Francisco Giants.

Peggy Hutchings was happy because less than seven weeks after they had bought a wild Mustang that they adopted, he is being ridden.

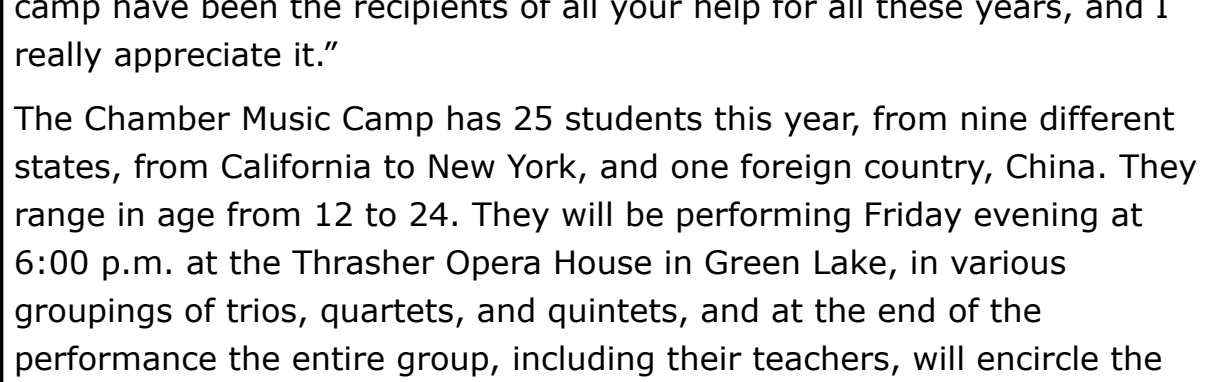
John Olson had a \$2-bill worth of happiness because for the first time in 20 years he was able to take a family vacation, to the UP. ("There's more to life than just work," said Watson Street traffic observer John.)

John Roesch said, "I'm happy because so much of the Festival season goes to having this marvelous Chamber Camp, and this is the neatest bunch of kids you would ever want to meet."

Marge Burling did not have a joke! (And **Bill Neill** wasn't present to appreciate it.) But she was happy that she would hear this group of young musicians.

PROGRAM

Music by Festival Chamber Campers



Jeannette Kreston, who is retiring after 14 years as Executive Director of the Green Lake Festival of Music, said, "The Green Lake Festival and its camp have been the recipients of all your help for all these years, and I really appreciate it."

The Chamber Music Camp has 25 students this year, from nine different states, from California to New York, and one foreign country, China. They range in age from 12 to 24. They will be performing Friday at 6:00 p.m. at the Thrasher Opera House in Green Lake, in various groupings of trios, quartets, and quintets, and at the end of the performance the entire group, including their teachers, will encircle the audience in a "Circle of Sound." "It's a pretty incredible experience," said Jeannette.

The students who performed at our meeting comprised a string quintet, which is an unusual configuration, consisting of two violins, a viola, and two cellos.

The students were **Maddie Erickson**, from Shorewood High School near Milwaukee; **Kayla**, from Madison; **Christian Stickle**, from the state of Oregon and Crescent Valley High School; **Micah** from Woodbury High School, just outside St. Paul, MN; and **Anna Zarn** from Batavia High School near Chicago.

They played a quintet by the German composer Friedrich Dotzauer (1783-1860), and they received a standing ovation from our discerning audience. You can see and hear a brief video of their performance at <riponnoonkiwanis.org/videos/ChamberMusicCampers.m4v>. (My apologies for the distorted audio. -Ed.)



We Celebrate!



Happy Birthday!
Tim Scottberg July 4
Tom Kueler July 5
Tonya Alling July 10
Jack Christ July 12
Kristy Sadlon July 23
Kudrey (Wesner) Titel July 23
Aen Folberg July 26
Mary Avery July 30

Perfect Attendance in June

Tonya Alling, Herm Leitz, Tom Kueler, Tim Lubinsky, Paul Nulton, Danelle Phillips, Kristy Sadlon, and Richard Zimman

Kiwanis Anniversaries in July

Chris Taylor 13 years
Mellisa Wipijewski 2 years